

Goal Sheet

YEAR_____

J.W. Owens

| My Goals | My Deadline |
|-------------|-------------|
| Goal | |
| <i>Goal</i> | |
| <i>Goal</i> | |
| | |

My Steps to Success

Action

Measurable Result

1.

2.

3.

4.

5.

Why Don't People Write Down Their Goals?

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The Basics of Goal Setting

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Goals Must Be _____

Goals Must Be _____

Goals Must Be _____

Goals Must Be _____

Goals Have _____

Goals Must Adhere To _____

Turn Your Top Five Wants into Specific, Tangible Goals

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(Remember the Rules)

Goal #1 _____

Goal #2 _____

Goal #3 _____

Goal #4 _____

Goal #5 _____

Are You Willing to Pay the Price?

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Goal #1 _____

The Price: _____

Goal #2 _____

The Price: _____

Goal #3 _____

The Price: _____

Goal #4 _____

The Price: _____

Goal #5 _____

My Goal: _____

The specific steps I will take to achieve my goals.
