## Adversity.....Opportunity

Written by Rob Zarrilli; presentation adapted by Tom Cuskey







Prosperity makes friends, adversity tries them.

Publilius Syrus

Adversity to Opportunity

### Tom C. from Syracuse....







### You think you've had it bad?







If you live long enough, you'll make mistakes. But if you learn from them, you'll be a better person. It's how you handle adversity, not how it affects you. The main thing is never quit, never quit, never quit.

William J. Clinton



Always seek out the seed of triumph in every adversity.

Og Mandino

Adversity to Opportunity

Today's program goals:

1.Adversity – is it all bad news?2.Who are you?3.Building a better attitude4.Benefits of adversity











I went down to the crossroads...







Always seek out the seed of

> triumph in every adversity.

Og Mandino

### Daddy says money can't spend itself!"

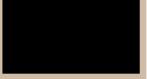




One who gains strength by overcoming obstacles possesses the only strength which can overcome adversity.

Albert Schweitzer





### Adversity to Opportunity

### When you think of facing adversity...







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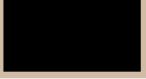
### Adversity to Opportunity

### When you think of facing adversity...



Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit.

Napoleon Hill



### Adversity to Opportunity

### When you think of facing adversity...







### What's the difference?

# **ATTITUDE!**







Adversity causes some men to break; others to break records.

William Arthur Ward





When adversity strikes, that's when you have to be the most calm. Take a step back, stay strong, stay grounded and press on.

LL Cool J



### Adversity to Opportunity

### Attitude is a choice...

"Words can never adequately convey the incredible impact of our attitudes toward life. The longer I live the more convinced I become that life is 10% what happens to us and 90% how we respond to it."

Charles R. Swindoll

Actions speak louder than words...





Adversity has the effect of eliciting talents, which in prosperous circumstances would have lain dormant.

Horace

Adversity to Opportunity

### Attitude is an equation for success...

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26

# **ATTITUDE =?** 1+20+20+9+20+21+ 4 + 5= 100%







Are you a thinker or a feeler?







Education is an ornament in prosperity and a refuge in adversity.

Aristotle

Adversity is the state in which man most easily becomes acquainted with himself, being especially free of admirers then.

John Wooden



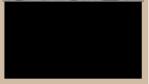
## Life can be traumatic...

**PTSD?** 

or











I can better trust those who helped to relieve the gloom of my dark hours than those who are so ready to enjoy with me the sunshine of my prosperity.

> Ulysses S. Grant





### Adversity to Opportunity







Let me embrace thee, sour adversity, for wise men say it is the wisest course.

William Shakespeare



## Adversity reorganizes priorities...

## Jim Valvano 1993

https://www.youtube.com/watch?v=PNKJNNbPCEc







Adversity reveals genius, prosperity conceals it.

Horace

# 10 little words... If it is to be, it is up to me.







Fire is the test of gold; adversity, of strong men

> Martha Graham



### Adversity to Opportunity Failure is...

REMEMBER THAT FAILURE IS NOT THE OPPOSITE OF SUCCESS, IT IS A PART OF SUCCESS.

> "Success consists of going from failure to failure without loss of enthusiasm."

> > Winston Churchill



The Leadership Institute

What defines us is how well we rise after falling.

In prosperity, our friends know us: in adversity, we know our friends.

John Churton Collins



The Beatles

### Michael Jordan Eminem Rejected by Decca Recording A High School dropout, whose After being cut from his studios, who said "we don't personal struggles with drugs and poverty culminated in an high school basketball team, like their sound"... "They have he went home locked no future in show business' unsuccessful suicide attempt... himself in his room and cried. Steve Jobs Walt Disney Fired from a newspaper for "lacking imagination" and "having no original ideas"... At 30 years old he was left devastated and depressed after being unceremoniously removed from the company he started. Albert Einstein **Oprah Winfrey** "If you've Never He wasn't able to speak Was demoted from her Failed, You've until he was almost 4 job as a news anchor Never Tried years old and his because she... "Wasn't fit teachers said he would Anything New" for television." "never amount to much" The Leadership Institute Lighting the Way





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Aristotle



### Adversity to Opportunity

## What about business adversity? My territory is different. I have lost my best customer. The economy is terrible. The weather is killing me. The company doesn't get it. My boss is an idiot. We don't promote ourselves





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### TOP TEN...

Adversity creates opportunity
It affects...enhances...all your relationships
It takes courage
It takes resilience
Perspective...you alter it or it alters you







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### Adversity to Opportunity

TOP TEN...

5. It creates change; embrace it before it embraces you

- 4. RESPECT!
- 3. It creates strength
- 2. You will discover empathy
- 1. You will find humility







Adversity is the diamond dust Heaven polishes its jewels with.

Thomas Carlyle

Remember...

Your thoughts dictate your beliefs; your beliefs dictate your actions.

Your attitude impacts your life and the life of each person you touch.







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Publilius Syrus

In review...today's goals:

- 1. Adversity is it all bad news?
- 2. Who are you?
- 3. Building a better attitude
- 4. Benefits of adversity







### SUMMARY

### **Questions & Discussion**

On behalf of The Leadership Institute, I would like to thank you for attending this training and wish you the best of luck with all of your future endeavors.



